

Month of: April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Tuesday B: --, Pancakes - WGR (1oz/34g) (WG), --, Peaches / Nectarines, Lowfat Milk - 1% Tuesday A: --, Goldfish-WG (1oz eq/22g) (WG), --, --, Lowfat Milk - 1% L: Chicken Breasts, Tortillas - 100% Whole Wheat (1oz/28g)(WG), Lettuce And Tomato, Mixed Fruit, Lowfat Milk - 1% Chicken Tacos D: Beef Ground, Brown Rice, WG (1oz/28g)(WG), Onions / Onion Rings, Mixed Fruit, Lowfat Milk - 1% Taco Pie	2 Wednesday B: --, Oatmeal / Oats (Plain) 1oz/28g, 1/2c(WG), --, Fruit Cocktail (no syrup), Lowfat Milk - 1% Wednesday A: --, Graham Crackers-WG (1oz eq/28gm)(WG), --, --, Lowfat Milk - 1% L: Chicken Breasts, Buns - Whole Grain (1oz/28g)(WG), Lettuce And Tomato, Tropical Fruit Juice-once per day, Lowfat Milk - 1% Salad D: Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Tropical Fruit Juice-once per day, Lowfat Milk - 1% Spaghetti	3 Thursday B: --, French Toast- WGR (1 oz eq/28g)(WG), --, Peaches / Nectarines, Lowfat Milk - 1% Thursday A: --, Cheese-Its (WG 1oz eq/22gm) (WG), --, --, Lowfat Milk - 1% L: Chicken Breasts, Bread - Whole Grain (WG)(WG), Garden Salad, Mixed Fruit, Lowfat Milk - 1% Garden Salad D: Beef Ground, Brown Rice, WG (1oz/28g)(WG), Green Beans, Mixed Fruit, Lowfat Milk - 1% Beef Stroganoff	4 Friday B: Yogurt - Low Sugar, --, --, Pineapple, Lowfat Milk - 1% Friday A: --, Animal Crackers-WG (1oz/28g)(WG), --, --, Lowfat Milk - 1% L: Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Grape Juice-Once Per Day, Lowfat Milk - 1% Cheesy Beef Casserole D: Chicken Breasts, Biscuit - WGR(WG), Mixed Vegetables, Grape Juice-Once Per Day, Lowfat Milk - 1% Chicken Pot Pie
7 Monday B: --, Oat Flakes(WG), --, Bananas, Lowfat Milk - 1% Monday A: --, Saltine Crackers, --, --, Lowfat Milk - 1% L: Cheddar Cheese, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Broccoli, Applesauce, Lowfat Milk - 1% Broc Casserole D: Mozzarella Cheese, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Applesauce, Lowfat Milk - 1% Pesto Pasta	8 Tuesday B: --, Pancakes - WGR (1oz/34g) (WG), --, Peaches / Nectarines, Lowfat Milk - 1% Tuesday A: --, Goldfish-WG (1oz eq/22g) (WG), --, --, Lowfat Milk - 1% L: Chicken Breasts, Tortillas - 100% Whole Wheat (1oz/28g)(WG), Lettuce And Tomato, Mixed Fruit, Lowfat Milk - 1% Chicken Tacos D: Beef Ground, Brown Rice, WG (1oz/28g)(WG), Onions / Onion Rings, Mixed Fruit, Lowfat Milk - 1% Taco Pie	9 Wednesday B: --, Oatmeal / Oats (Plain) 1oz/28g, 1/2c(WG), --, Fruit Cocktail (no syrup), Lowfat Milk - 1% Wednesday A: --, Graham Crackers-WG (1oz eq/28gm)(WG), --, --, Lowfat Milk - 1% L: Chicken Breasts, Buns - Whole Grain (1oz/28g)(WG), Lettuce And Tomato, Tropical Fruit Juice-once per day, Lowfat Milk - 1% Salad D: Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Tropical Fruit Juice-once per day, Lowfat Milk - 1% Spaghetti	10 Thursday B: --, French Toast- WGR (1 oz eq/28g)(WG), --, Peaches / Nectarines, Lowfat Milk - 1% Thursday A: --, Cheese-Its (WG 1oz eq/22gm) (WG), --, --, Lowfat Milk - 1% L: Chicken Breasts, Bread - Whole Grain (WG)(WG), Garden Salad, Mixed Fruit, Lowfat Milk - 1% Garden Salad D: Beef Ground, Brown Rice, WG (1oz/28g)(WG), Green Beans, Mixed Fruit, Lowfat Milk - 1% Beef Stroganoff	11 Friday B: Yogurt - Low Sugar, --, --, Pineapple, Lowfat Milk - 1% Friday A: --, Animal Crackers-WG (1oz/28g)(WG), --, --, Lowfat Milk - 1% L: Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Grape Juice-Once Per Day, Lowfat Milk - 1% Cheesy Beef Casserole D: Chicken Breasts, Biscuit - WGR(WG), Mixed Vegetables, Grape Juice-Once Per Day, Lowfat Milk - 1% Chicken Pot Pie

Month of: April 2025

Monday		Tuesday		Wednesday		Thursday		Friday	
14	Monday B: --, Oat Flakes(WG), --, Bananas, Lowfat Milk - 1% A: --, Saltine Crackers, --, --, Lowfat Milk - 1% L: Mozzarella Cheese, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Broccoli, Mixed Fruit, Lowfat Milk - 1% Veggie Alfredo D: Cheddar Cheese, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Cauliflower, Mixed Fruit, Lowfat Milk - 1% Pilaf	15	Tuesday B: --, Pancakes - WGR (1oz/34g) (WG), --, Peaches / Nectarines, Lowfat Milk - 1% A: --, Goldfish-WG (1oz eq/22g) (WG), --, --, Lowfat Milk - 1% L: Beef Ground, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Mixed Vegetables, Tropical Fruit Juice-once per day, Lowfat Milk - 1% Taco Bake D: Chicken Ground, Tortillas - 100% Whole Wheat (1oz/28g)(WG), Lettuce / Salad, fresh, Tropical Fruit Juice-once per day, Lowfat Milk - 1% Chicken Tacos	16	Wednesday B: --, Oatmeal / Oats (Plain) 1oz/28g, 1/2c(WG), --, Fruit Cocktail (no syrup), Lowfat Milk - 1% A: --, Graham Crackers-WG (1oz eq/28gm)(WG), --, --, Lowfat Milk - 1% L: Chicken Breasts, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Chicken Fried Rice D: Beef Ground, Pasta Misc (WG 1oz eq/28gm), Spinach, Mixed Fruit, Lowfat Milk - 1% Lasagna	17	Thursday B: --, French Toast- WGR (1 oz eq/28g)(WG), --, Peaches / Nectarines, Lowfat Milk - 1% A: --, Cheese-Its (WG 1oz eq/22gm) (WG), --, --, Lowfat Milk - 1% L: Chicken Breasts, Bread - 100% Whole Wheat(WG), Garden Salad, Pears, Lowfat Milk - 1% Grilled Chicken Salad D: Chuck Roast, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Onions / Onion Rings, Apple Juice 100% -Once Per Day, Lowfat Milk - 1% Pepper Steak	18	Friday B: Yogurt - Low Sugar, --, --, Pineapple, Lowfat Milk - 1% A: --, Animal Crackers-WG (1oz/28g)(WG), --, --, Lowfat Milk - 1% L: Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Cheeseburger Pasta D: Chicken Breasts, Biscuit - 100% Whole Wheat(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Chic Pot Pie
21	Monday B: --, Oat Flakes(WG), --, Bananas, Lowfat Milk - 1% A: --, Saltine Crackers, --, --, Lowfat Milk - 1% L: Cheddar Cheese, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Mac & Cheese D: Chickpeas/Hummus, Brown Rice, WG (1oz eq/28 gm/1/2c) (WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Curry Veggies	22	Tuesday B: --, Pancakes - WGR (1oz/34g) (WG), --, Peaches / Nectarines, Lowfat Milk - 1% A: --, Goldfish-WG (1oz eq/22g) (WG), --, --, Lowfat Milk - 1% L: Beef Ground, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Mixed Vegetables, Grape Juice-Once Per Day, Lowfat Milk - 1% Arroz Con polo D: Chicken Breasts, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Grape Juice-Once Per Day, Lowfat Milk - 1% Southwest Pasta	23	Wednesday B: --, Oatmeal / Oats (Plain) 1oz/28g, 1/2c(WG), --, Fruit Cocktail (no syrup), Lowfat Milk - 1% A: --, Graham Crackers-WG (1oz eq/28gm)(WG), --, --, Lowfat Milk - 1% L: Chicken Breasts, Bread - Whole Grain (WG)(WG), Garden Salad, Applesauce, Lowfat Milk - 1% Salad D: Beef Ground, Brown Rice, WG (1oz/28g)(WG), Mixed Vegetables, Applesauce, Lowfat Milk - 1% Dirty Rice	24	Thursday B: --, French Toast- WGR (1 oz eq/28g)(WG), --, Peaches / Nectarines, Lowfat Milk - 1% A: --, Cheese-Its (WG 1oz eq/22gm) (WG), --, --, Lowfat Milk - 1% L: Chicken Breasts, Brown Rice, WG (1oz/28g)(WG), Mixed Vegetables, Pineapple, Lowfat Milk - 1% Chic Fried Rice D: Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Tomato Sauce / Paste, Pineapple, Lowfat Milk - 1% Tomato Basil pasta	25	Friday B: Yogurt - Low Sugar, --, --, Pineapple, Lowfat Milk - 1% A: --, Animal Crackers-WG (1oz/28g)(WG), --, --, Lowfat Milk - 1% L: Chicken Breasts, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Broccoli, Mixed Fruit, Lowfat Milk - 1% Pesto Chicken D: Beef Ground, Cornbread/Corn Muffin - WGR (1oz/34g)(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Chili

Month of: April 2025

Monday		Tuesday		Wednesday		Thursday	Friday
28	<u>Monday</u> B: --, Oat Flakes(WG), --, Bananas, Lowfat Milk - 1% <u>Monday</u> A: --, Saltine Crackers, --, --, Lowfat Milk - 1% L: Cheddar Cheese, Bread - Whole Grain (WG)(WG), Garden Salad, Mixed Fruit, Lowfat Milk - 1% Salad D: Cheddar Cheese, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Tomato Sauce / Paste, Applesauce, Lowfat Milk - 1% Tomato Basil Pasta	29	<u>Tuesday</u> B: --, Pancakes - WGR (1oz/34g) (WG), --, Peaches / Nectarines, Lowfat Milk - 1% <u>Tuesday</u> A: --, Goldfish-WG (1oz eq/22g) (WG), --, --, Lowfat Milk - 1% L: Chicken Breasts, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Lettuce / Salad, fresh, Mixed Fruit, Lowfat Milk - 1% Burrito Bowls D: Beef Ground, Cornbread/Corn Muffin - WGR (1oz/34g)(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Tamale Pie	30	<u>Wednesday</u> B: --, Oatmeal / Oats (Plain) 1oz/28g, 1/2c(WG), --, Fruit Cocktail (no syrup), Lowfat Milk - 1% <u>Wednesday</u> A: --, Graham Crackers-WG (1oz eq/28gm)(WG), --, --, Lowfat Milk - 1% L: Chicken Breasts, Tortillas - 100% Whole Wheat (1oz/28g)(WG), Lettuce / Salad, fresh, Tropical Fruit Juice-once per day, Lowfat Milk - 1% Chicken Wraps D: Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Tropical Fruit Juice-once per day, Lowfat Milk - 1% Chili Mac		